



**American
Red Cross**

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LOCAL RESOURCE WORKSHEET

Instructions for the Local Resource Worksheet

The Local Resource Sheet is a valuable source of information during times of emergency. Please encourage participants to complete the form and post it where it can be easily accessed (for example: on the refrigerator door, inside a kitchen cabinet, in the car, and with the family's emergency supply kit).

In preparation for your class, please print one copy of the Local Resource Sheet and fill in the telephone numbers that are common to every participant. Then, copy enough worksheets for each participant and hand them out during class. Have the participants complete the rest of the sheet during Segment Five (see Instructors Manual, pages 67-68, for details.)



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Emergency Services	Local Red Cross Office	Local Crisis Hot Line
911		

Hospitals/Clinics	
Physicians	
Community Mental Health Centers	
Substance Abuse and Recovery	
Domestic Violence Crisis	
Child Abuse and Neglect	
Food (e.g. food banks, soup kitchens)	
Housing/ Shelters	
Aging	
Public Transportation	
Schools	
Libraries	
Family Friendly Recreation	
Other	