



ADAMS COUNTY HEALTH DEPARTMENT
330 VERMONT STREET
QUINCY ILLINOIS 62301

GENERAL GUIDELINESS FOR FARMERS MARKETS

What can be sold without an Adams County Health Department permit?

- Fresh fruits, vegetables, nuts, seeds – uncut and not processed
- Melons – may be cut for display
- Organic foods – not cut or processed
- Fresh or dried herbs
- Honey – from an approved source and properly labeled

What are some examples of foods that will require a health department permit?

- Baked goods** – produced and prepackaged in a commercial kitchen only
- Popcorn, kettle corn, pork rinds** (processed on site or approved kitchen)
- Red meat and poultry** provided that
 - Food is processed and packaged under USDA inspected facility
 - Must be labeled with USDA Est. #. Name and address of packer or distributor.
 - Must be maintained frozen
 - Kept in display freezer and secured.
 - Carry their Illinois Meat and Poultry license
- Shell Eggs** – All eggs must be cleaned, candled, graded, packed in new cartons, date marked and refrigerated if sold any place except on the farm where they were produced. Maintain a current copy of Department of Agriculture license

What are some examples of foods prohibited from sale at farmers markets?

- Raw milk, cheese, yogurt or other dairy products not under inspection
- All home canned foods
- Vacuum packaged foods
- Garlic-in-oil (Unless processed in a commercial plant)
- Wild game

Labeling requirements – All prepackaged foods must comply with minimum labeling requirements. This information may be provided as a label on the package, on a sign or placard or as a recipe available to the consumer.

- Common name of product, Name, address and zip code of the packer, processor, manufacture, net contents.
- List of ingredients in descending order of predominance by weight
- A list of any artificial color, artificial flavor or preservatives used.

If you have any questions on food items that may not be listed above please contact one of the Environmental Health staff at (217) 222-8440